

Botox (Botulinum toxin type A) – Information for patients

At Skin & Vision Clinics, our experienced doctors safely and carefully treat expression lines, such as frown lines and crow's feet, excessive underarm sweating and certain ophthalmic conditions with botulinum toxin (Botox).

We aim for a natural result that matches your wishes.

What does botulinum toxin do?

Botulinum toxin temporarily relaxes certain muscles by blocking the signal from the nerve to the muscle. This helps reduce wrinkles and complaints such as muscle tension or sweating. The treatment usually takes 5 to 10 minutes. Mild swelling or bruising may sometimes occur at the injection site.

Relfydess™ – An innovative choice

Skin & Vision is one of the first clinics in the Netherlands to work with Relfydess™, a new generation of botulinum toxin:

- Fast-acting: results are often visible after 1–2 days
- Long-lasting effect: visible for up to 6 months
- Natural-looking result

Ask your doctor whether Relfydess™ is suitable for you.

Applications

- Expression lines: frown lines, crow's feet, forehead lines, bunny lines
- Mouth and chin: lip flip, dimpled chin
- Excessive sweating: underarms
- Ophthalmic conditions: including eyelid muscle spasms and excessive tear production

These ophthalmic treatments are always performed under the supervision of an ophthalmologist.

Only treatment for blepharospasm is reimbursed by your health insurer. Please check with your health insurer in advance what is covered and whether a co-payment or deductible applies. We will always inform you in advance about any costs.

What can you expect?

- The effect starts after a few days; Relfydess™ often works faster
- Optimal effect after 1–2 weeks
- Average duration of effect: 3–4 months; with Relfydess™ up to 6 months
- The effect gradually wears off; timely repeat treatment is possible to maintain the result

Risks and side effects

Treatment with botulinum toxin is safe when performed by an experienced doctor.

However, side effects may occur:

- Mild and temporary: redness, swelling, bruising, mild soreness or headache
- Rare: allergic reaction, temporary muscle weakness or asymmetry
- Very rare: infection, double vision or drooping eyelid

Please note: in case of serious symptoms such as increasing pain, swelling, fever, protruding eyes or reduced vision, contact us immediately.

Aftercare and safety

- You will always receive verbal and written instructions, either by email or on paper
- We work in accordance with applicable laws and regulations, including the Dutch Healthcare Quality, Complaints and Disputes Act (Wkkgz), the Dutch Medical Treatment Contracts Act (WGBO) and the General Data Protection Regulation (GDPR): safe care, proper privacy protection and clear information
- Do you have a complaint or are you not satisfied? Please feel free to discuss this with us. Together, we will look for a suitable solution.

In brief

- Treatment by experienced doctors
- Natural result and short recovery time
- Fast and long-lasting effect possible with Relfydess™

Your privacy

Skin & Vision Clinics handles your personal data confidentially and in accordance with the General Data Protection Regulation (GDPR).

You always have the right to access and correct your medical file.

Questions or complaints?

Do you have any questions, concerns or complaints about your treatment? Please feel free to contact us. If you are dissatisfied with something, you can use our complaints procedure.

Information about this is available on our website:

<https://www.skinandvision.nl/klachtenprocedure>

Contact Skin & Vision Clinics

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